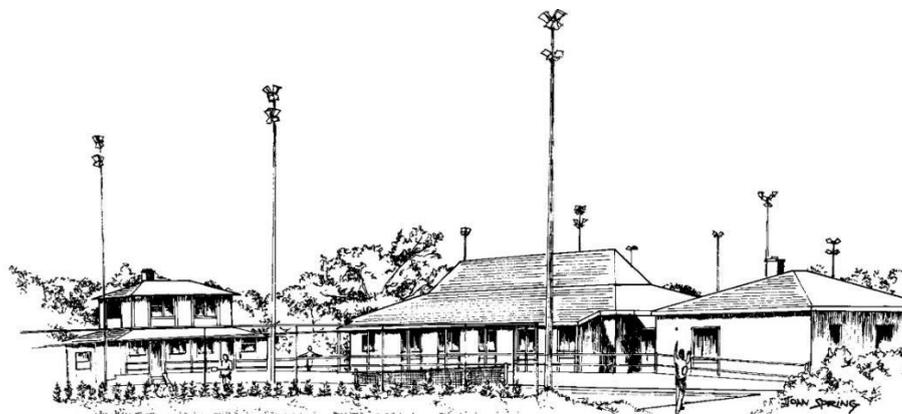


# Naas LTC Members “A to Z” Guidelines to “Return to Play” during Phase 3 of the Roadmap for Reopening Society



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## Introduction

This document is to help Naas LTC members understand the requirements and restrictions of the “Return to Play” in our club aligned with the Government and Tennis Ireland’s guidelines. It has been written with topics ordered from A to Z for easy reference, and is subject to change.

### **PLEASE NOTE THE FOLLOWING:**

As per Government & Tennis Ireland guidelines

You must NOT book a court or come to the club if you:

- Have been in contact with someone with COVID-19 in the last 14 days
- Have been overseas (subject to the “EU Traffic Light System” as per Government guidelines) or exposed to someone with COVID-19 in the last 14 days
- Have flu-like symptoms or are feeling unwell

**Note 1: The booking of a court will be taken as confirmation that the member has read and agreed to the protocols contained in this document, and Tennis Ireland/Government regulations regarding the playing of tennis at this time**

**Note 2: Any breach of the Naas LTC guidelines outlined in this document will result in access to the club being removed from the individual who does not respect the guidelines.**

**Note 3: Members must comply with current travel restrictions.**

## Access

The gates are in place on all courts, Players should use hand sanitiser upon entering and leaving the court and where possible do not touch the gates as it is an additional touch point.

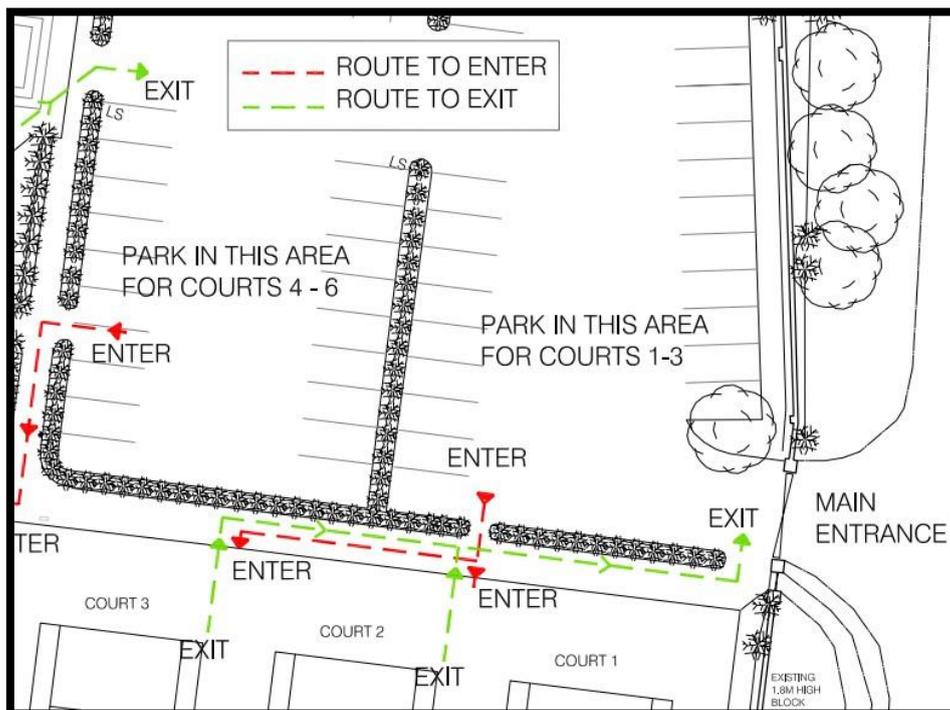
It is not permitted to arrive at the club in the hope that a court is free. Members must not come to the club grounds unless they are booked to play on ClubManager at the time of their arrival.

Players should arrive at the earliest 5 minutes before booking and leave immediately after - socialising must be kept to a minimum in the carpark and physical distancing to be adhered to at all times.

Players are required to travel to the club alone unless in the case that a household member or members is/are with them.

Access & departure to the courts is as follows – please maintain 2m social distancing at all times.

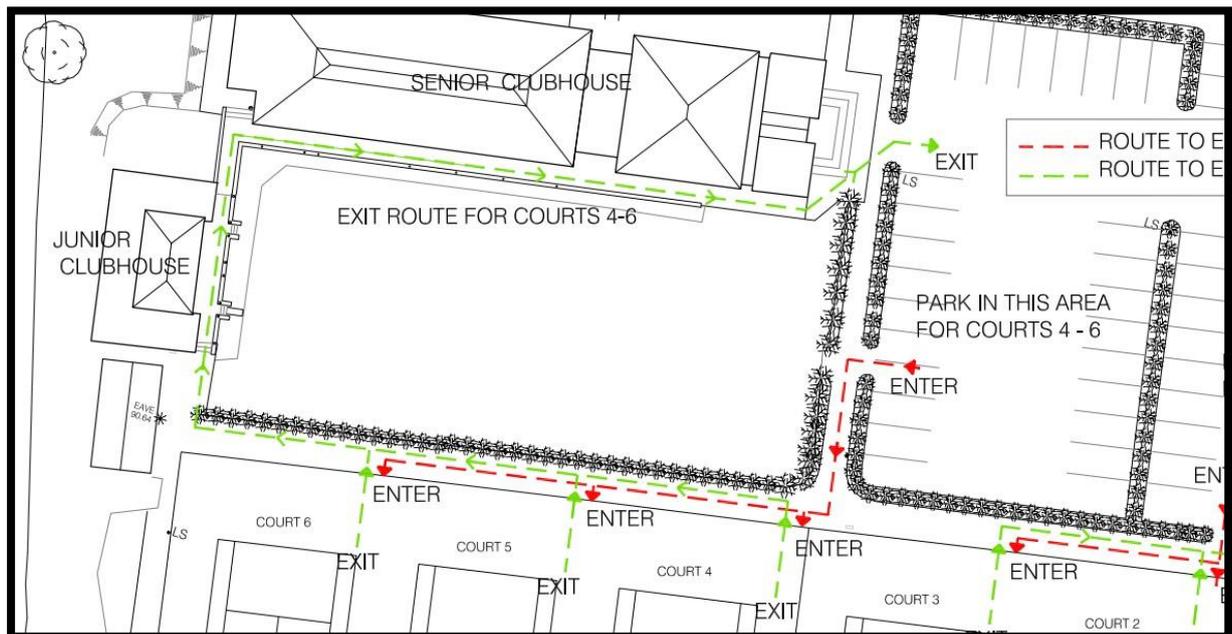
### **Courts 1–3**



Arrival: access the walkway through hedge between courts 1 & 2 and proceed to your court via closest gate.

Once finished: leave via gate closest to you and turn right to enter carpark at end of hedge at Court 1.

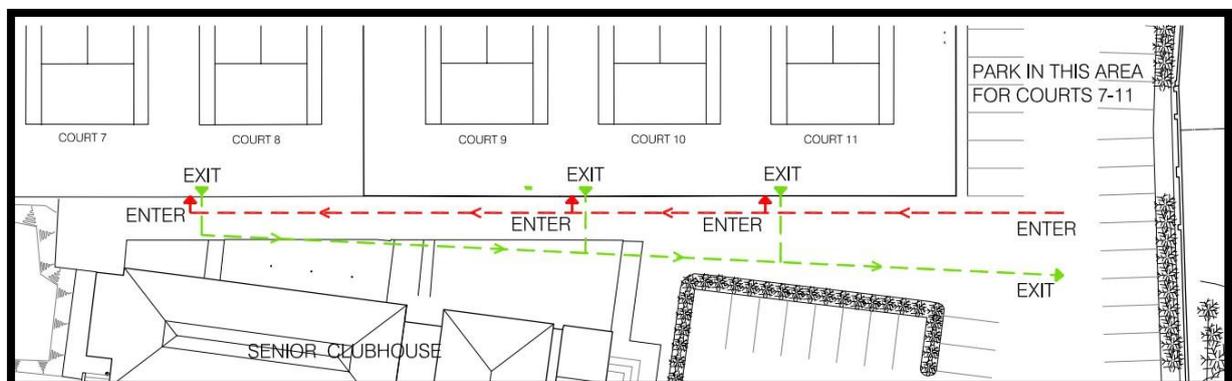
## Courts 4 – 6



Arrival: park in area marked on map, and access courts via gap in hedge 2 and proceed to your court via closest gate.

Once finished: leave via gate closest to you and turn left towards Junior Clubhouse and follow route around in front of Senior Clubhouse and exit to carpark.

## Courts 7 – 11



Arrival: park in area marked on map, and access courts walkway behind the courts and proceed to your court via closest gate.

Once finished: leave via gate closest to you and turn left towards carpark maintaining 2m social distancing at all times.

## Bins

All bins on courts have been removed for the period of Phase 3 of the Government's Roadmap for Reopening Society. Members are required to remove all belongings, balls, and rubbish with them upon leaving the club.

## Clay Courts

After play, the clay courts will still need to be maintained. The following is in place and required:

- Sanitising spray is available at the two entrances to the courts
- The start and end time is still strictly in place and court maintenance must be factored into your play time
- Please sweep all courts and brush all lines after use. This will be closely monitored.
- Sanitising spray is available beside the drag mats and the brushes. Please put the mats and brushes BACK TO THEIR CORRECT hangars. Please spray the handles before and after use.
- Allocated half hour slots are being reserved for clay court watering (08:30, 12:30, 15:30 and 18.30). However, if the caretaker or any designated person at any time approaches the courts to water them, you must immediately vacate and members are encouraged to wait in the car park. The normal end time to your booking remains.

## Clubhouse

There is access to the toilets only during Phase 3. No access to changing rooms. The tap outside the kitchen is NOT to be used. In the event of an emergency the first aid box and the defibrillator are in the foyer in the clubhouse.

## Club Opening

The gates of the club will open at 9.00am each morning and not before. There is NO PLAY allowed before 09:00am. The club will close for play at 11.00pm during Phase 3, with gates closed at 11.05pm to allow people to leave the carpark.

There are no early arrivals or late departures permitted in any case.

No parking or waiting is permitted outside of the club grounds – please respect our neighbours!

## Competitions / Ladders

Internal club competitions including both singles & doubles ladders are not permitted as per current Tennis Ireland protocols.

## Court Bookings - ClubManager

Only paid up members will have access to ClubManager.

Members are required to book all players onto each online booking as per Tennis Ireland requirements should **contact tracing** be required. If members are in breach of this, access to ClubManager will be denied for the remaining period of Phase 3.

It is not permitted to arrive to the club in the hope that a court is free. The only reason that any member may arrive to the club is for a booked court.

Members abusing the booking system in any manner will be removed from the booking system for the period of Phase 3.

If you cannot play, please CANCEL YOUR COURT BOOKING as early as possible so that the court will be available for other members.

If court availability becomes an issue, we may minimise the number of bookings per person per week in the system.

The Booking system will be strictly monitored through these Phases.

## COVID 19 Committee

- David Doyle
- Simon Sparrow
- Finola Maughan
- Olga Zuka
- Brian Sheridan
- David Watters

If any member needs to recommend or report anything that is Covid-19 related, please email [clubsec@naasltc.net](mailto:clubsec@naasltc.net)

Or call Simon Sparrow, HonSec at (083) 435 4721.

## Coaching

Coaches can work with up to six players per court subject to social distancing measures being implemented.

Coaching bookings **MUST BE DONE** by the person being coached. Be sure when booking a court for coaching you mark the court as “coaching” and the dropdown list will give you the coaches names. Students should avoid touching the coaches’ tennis balls.

Normal playing and social distancing rules apply (i.e. keep a space of 2 metres (6.5 feet) between you and other people)

## Dome

During the current Phase 3 indoor courts are now permitted for use as per Tennis Ireland guidelines for

- Singles only
- No Doubles play, except for partners from the same household

### **Covid-19: Specific Dome Usage Rules**

Only one person allowed in the Dome door turnstile at any one time.

On ENTERING the dome, GO LEFT (side closest to the clubhouse) to access your court.

On EXITING the dome, GO TO the FOREST side of the court and walk to the door to leave.

No bins or seats are provided so please remove all waste with you.

A maximum of 4 players per court are permitted at any one time (exception: club organised coaching)

Please leave the dome on time and promptly – the warning lights at the club side of the courts give you a 5 minute heads-up.

You are NOT PERMITTED to wait inside of the dome. You must wait for the previous players to leave.

No spectators allowed at any time during this current phase. Parents must wait outside if waiting for their child.

Please sanitise your hands on entering the dome and also before you leave. Hand sanitising stations are present inside and outside the dome.

## Employees

The club has two full-time employees – Theresa and John. Please ensure social distancing rules apply (i.e. keep a space of 2 metres (6.5 feet) between you and other people). Note: the Office is NOT OPEN – please contact Theresa by email to [membership@naasltc.net](mailto:membership@naasltc.net).

## Floodlights

In order to access the Fob System you must enter via the main entrance and leave via the exit beside the Fob System. The club will close at 11.00pm and members are encouraged to leave as promptly as possible so that the club grounds can be safely locked.

## Government Restrictions

It is important that each member takes responsibility for the most current guidelines as issued by [Tennis Ireland](#) and the [Government](#). Restrictions around location, age, health, etc. are up to each member to manage. The main points are below:

You must stay at home if you:

- Have been in contact with someone with COVID-19 in the last 14 days
- Have been overseas (subject to the “EU Traffic Light System” as per Government guidelines) or exposed to someone with COVID-19 in the last 14 days
- Have flu-like symptoms or are feeling unwell

## Juniors

Junior members (under 18) can play against each other, be coached, or play with an adult. However, each junior under 16 must have a parent/guardian present for the entire duration of play.

The parent/guardian must remain socially distanced (i.e. keep a space of 2 metres (6.5 feet) between you and other people) and under no circumstances should the parent/guardian bring any other children with them to the club.

Parents/guardians should not block up the walkways behind the courts – please remain socially distanced!

## On the Court –Playing

Physical distancing should be observed throughout the period of play, particularly on change of ends and entering and exiting the court. Players should change ends at opposite sides of the net and not touch the net.

Members are encouraged to wait in the car park area until the court they are playing on is fully vacated. There is no waiting at the back of any court permitted.

Players must refrain from handshakes and high fives.

Equipment such as towels, food, and drink must not be exchanged between players. Players should be encouraged to bring their own drinks and towels.

Players should avoid touching their face after handling a ball, racquet, or other equipment.

Players should ideally bring a small bottle of handsanitizer with them although the club do have them provided at the entrance to each court.

Both singles play and doubles play will be permitted with members from outside of your household, as long as members remain 2 metres apart as much as possible

## Parking

Please ensure that you allow social distancing when parking your car to allow each member leave and arrive safely (i.e. keep a space of 2 metres (6.5 feet) between you and other people).

Please use every second space where possible.

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01/12/2020

Please read the Access section earlier in this document for where to park.

### Practice Wall

The practice wall is closed for the duration of Phase 3.

### Tennis Balls

Players do not need to use their own clearly marked tennis balls. However, if members choose to use shared balls then extra care must be taken to ensure they do not touch their face during play. Members should clean their hands before play and immediately afterwards (using the sanitising gel provided at each court entrance).

### Sanitising Stations

The club will have sanitising station provided throughout the grounds. It is encouraged that all members bring and use their own hand sanitising lotion.

### Visitors / Non-Members

For Phase 3 the club will operate a member only policy. No visitors are permitted at this time.

APPENDIX

Full map of club for parking, entering, and exiting courts.

